

Norwegian Shotokan Federation invites you to



Summer Camp in Fredrikstad 2014 June 26th - 29th

INSTRUCTORS	Thursday June 26 th		Friday June 27 th			Saturday June 28 th			Sunday June 29th		
	09:45 -	12:00	09:45	_	12:00	10:15	_	12:30	11:00	-	12:15
	All (2 sessions		All (2 sess	sions)		All (2 ses	sions)		All		
RICHARD AMOS (7.dan)	16:00 -	17:00	16:00	-	17:00	12:45 – K	yu grading		12:30	-	13:30
NICHAND AIVIOS (7.uaii)	All (Themes)		All (Them	es)					All		
AIDAN TRIMBLE (7.dan)	17:00 -	18:30	17:00	_	18:30	13:30	-	15:45			
	All (1 sessions		All (1 sessions)			All (2 sessions)					
SCOTT LANGLEY (6.dan)			19:00	_		16:00	_	18:30			
			Barbecue at the Motel *)			DAN - grading					
			*) Depending on the weather			20.00	-				
						Party at t	he Motel				

Where: Kongstenhallen, Fredrikstad (Link) - Special price per person for foreign groups (booking together)

Prices: All sessions: 1350 NOK/Children 900 NOK Registrate before June 1st and save money:

Half day pass: 300 NOK (4 sessions pr. Day) https://www.deltager.no/summercamp2014









Website: http://shotokan-karate.no